



Chris McLaren

Private Home Office
8683 Brent Dr.
Cincinnati, OH 45231
513-200-9667
Chris@DivineEnergyWorks.com
DivineEnergyWorks.com

Schedule a Session
heal.me/Chris
or
DivineEnergyWorks.com

Custom Healing & Coaching Package

Healing takes time and effort. There are plenty of hyped-up videos and sales pitches on the internet today touting “healing your core wounds”, “befriending your inner child”, even “shadow work for our dark side.”

On the surface, this is just another one of those offers without any of the hype, so why bother?

I work with humans that are called to work with me. Many are experiencing the dissonance between how they feel on the inside vs. how the world is telling them to feel. This is the pain and confusion experienced as our Consciousness is waking up. There is a point in our growth when the familiar is no longer comfortable. A point where we are called to heal the deep wounds trapped for generations in our flesh. A point to shine some light on unconscious scripts running in our mind.

Each of us has an energetic frequency at which we resonate. As you experience these words, if you feel a resonance deep inside, Spirit is nudging you gently toward something.

The ‘something’ being offered is the potential to grow your Awareness and unify the many selves into your true Self. I say potential because even though there is work to be done, this is a state already in existence; simply forgotten. Our work is in remembering Essence, in deprogramming the mind. This is uncomfortable work.

In this remembering we align and unify our 3 centers: body, heart and mind. The heart is the seat of our Soul and the center of our Being. You will come home to your True Self when you inquire deep enough. The bliss realized as you come home to your Self makes all the work seem like a drop in the ocean. You have to do the work, first!

“So, what am I offering, exactly?”

Through my own healing journey and specialized training, I found that there are two paths asking to be followed: mental and physical; both take time and energy.

Through intuitive coaching grounded in the Enneagram of Personality, we will address the mind and ego. Many times, this is a dance of bridging your internal experiences with your external reality. When we are out of alignment, we experience dissonance. Suffering.

The physical will be addressed actively and passively. A portion of each monthly 1-on-1 session will be directed toward healing the energy body. In other words, facilitating the free flow of energy through the various meridians and organ systems in order to help the body heal and release stuck trauma. The passive piece is the option to attend two group sound healing sessions each month. Currently, these are in-person; Zoom does not do well with Crystal Bowls. I am exploring alternative online channels for a better audio experience.

I am not a licensed counselor. If your needs are beyond my skillset, I will let you know.

Are you willing to commit to returning home to your True Self over the next six months? I AM!

While it would be foolish and probably illegal to guarantee anything, I am confident that in six months you will experience a change in your Awareness. You will feel better and be better equipped to operate your human suit as you practice Being in this amazing world.

- 90 minute 1-on-1 session with Chris; in-person or via Zoom

These sessions will be split between coaching and healing. Some sessions will be more talking, some more healing, all based on your needs at the time. Specific purposes, if any, will be determined during our initial meeting. Typically, sessions range from being Witnessed with lots of listening to more focused time working on more specific areas.

In-person, we will meet at my private home studio. If in-person is not possible, we will meet via Zoom (I'll send you a link). Because energy knows no barrier of time or distance, our healing work is quite effective via Zoom.

- 2 free group sound healing sessions each month

These are passive healing sessions in which you will recline comfortably on the floor while I play a variety of healing instruments, most notably crystal singing bowls. Sessions are about an hour and will generally be available to the general public for \$20/session.

You will be able to bring a guest to each session for \$10.

- Additional Services

While not set in stone, I am considering offering a Sunday yoga class and Qigong classes as part of this offer. I envision a weekly class for each one offered online and in-person. Stay tuned on these.

The investment is \$750 for all six months. Payments options available.

The window for enrollment closes 9/15/22. The last session will be 2/28/23.